



**FOR IMMEDIATE RELEASE: XX/XX/2022**

Heart of Ohio Family Health  
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**Heart of Ohio Family Health Presents at 1st Annual  
Patient Centered Medical Home Health Equity Technical Assistance Symposium**

**“Achieving Health Equity for Diabetes and Hypertension”**

**COLUMBUS, Ohio** — Heart of Ohio Family Health (HOFH) staff presented at the 1<sup>st</sup> Annual PCMH Health Equity Technical Assistance Symposium (PHETAS) hosted by the HRSA Bureau of Primary Health Care and The Joint Commission (TJC) on January 31, 2022–February 2, 2022. HOFH’s creative approach to **Achieving Health Equity for Diabetes and Hypertension Program** was recognized as a model for other healthcare organizations nationwide.

HOFH CEO Dr. Buhari Mohammed and Director of Clinical Services and Quality David Brewer presented at this virtual symposium. “We assembled the care team at HOFH that includes physicians, clinical pharmacists, dietitians, nurse care coordinators, behavioral health specialists, and Community Health Workers to provide evidence-based, patient-centered Chronic Care Management as well as screening and addressing other social determinants of health,” Dr. Mohammed said. “There is no reason to reinvent the wheel. Evidence-based tools are readily available. We just made the conscious decision to prioritize and put the team together and change workflow processes to address our patients’ needs,” he said.

Since the program began in 2018, HOFH patients have realized significant improvement in Diabetes and Hypertension. Patients with controlled hypertension increased from 52% in 2018 to 74% in 2021; and diabetic patients with HbA1C controlled increased from 71% in 2018 to 82% in 2021, with disparity ratios well below the national benchmark for each category.

“Heart of Ohio Family Health is honored to be able to present best practices in equitable hypertension and diabetes care to our peers,” said Director of Clinical Services and Quality, David Brewer. “We hope that our efforts in this area can make an impact beyond our health centers and give other health centers across the nation practical steps on how to reduce health disparities.”

**About Heart of Ohio Family Health**

Heart of Ohio Family Health (HOFH) is a 501(c)(3) nonprofit health care provider committed to serving all groups, ethnicities, and communities in Central Ohio since 2003. Operating as a Federally Qualified Health Center (FQHC), we offer services in primary care, pediatrics,



This health center is a Health Center Program grantee under 42 U.S.C. 254b,  
and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

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behavioral health, substance use disorder, OBGYN, diagnostic laboratory, pharmacy, dietetics & nutrition, and interpretation.

To read all of Heart of Ohio Family Health COVID-19 news updates, visit <https://heartofohiofamilyhealth.org/our-community/covid-19-updates>.

To learn more about Heart of Ohio Family Health, visit [www.heartofohiofamilyhealth.org](http://www.heartofohiofamilyhealth.org).



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