



## About Us

Heart of Ohio Family Health (HOFHC) is a 501(c)(3) nonprofit health care provider committed to serving all groups, ethnicities, and communities in Central Ohio since 2003. We offer services in primary care, pediatrics, behavioral health, substance use disorder, OBGYN, diagnostic laboratory, pharmacy, dietetics & nutrition, and interpretation.

Our mission is to provide high-quality, holistic, and compassionate care to meet the healthcare needs of everyone in our diverse community, one heart at a time.



Heart of Ohio Family Health is a Federally Qualified Health Center and an FTCA-deemed facility.

## Our Locations

### CAPITAL PARK

2365 Innis Road  
Columbus, OH 43224

### CHANTRY

5560 Chantry Drive  
Columbus, OH 43016

### MOUNT CARMEL EAST

5969 East Broad Street Suite 300  
Columbus, OH 43213

### WHITEHALL

882 South Hamilton Road  
Columbus, OH 43213

### WHITEHALL-YEARLING HIGH SCHOOL

675 South Yearling Road Suite 100  
Whitehall, OH 43213

## Connect with Us



### PHONE

(614) 235-5555



### WEBSITE

[www.heartofohiofamilyhealth.org](http://www.heartofohiofamilyhealth.org)



### TWITTER

@HeartOfOhio



### INSTAGRAM

@heartofohiohealth



### FACEBOOK

<https://www.facebook.com/heartofohiofamilyhealth/>

Reduce your risk of getting HIV!

# HIV PrEP Program





# Our HIV PrEP Program

Let's stop HIV together.

Heart of Ohio Family Health's HIV PrEP Program is professionally designed to help individuals at risk of HIV by offering medication for prevention.

## ABOUT PREP

PrEP stands for pre-exposure prophylaxis. It is a prevention strategy for people at risk of getting human immunodeficiency virus (HIV) or other sexually transmitted infections (STIs).

Studies have shown that PrEP reduces the risk of getting HIV from sex by about 99% when taken daily.<sup>1</sup>

<sup>1</sup> - <https://www.cdc.gov/hiv/basics/statistics.html>



## Questions

### 1. Should I consider taking PrEP?

The federal guidelines recommend that PrEP be considered for people who are HIV-negative who have had anal or vaginal sex in the past six months and/or:

- Have been diagnosed with an STD in the past 6 months
- Have not consistently used a condom or
- Have a sexual partner with HIV (especially if the partner has an unknown or detectable viral load)
- PrEP is also recommended for people who inject drugs and have an injection partner with HIV
- share needles, syringes, or other equipment to inject drugs (for example, cookers).

### 2. What are the benefits of taking PrEP?

Taking PrEP daily is highly effective for preventing HIV. You are able to lower your chances of getting HIV.

### 3. What are the steps to get HIV PrEP?

- Ask one of our medical providers or call to ask for an appointment
- Discuss the benefits of HIV PrEP with your provider in a 30 minute visit
- Take your PrEP prescription for Truvada® or Descovy®
- Continue to meet with your provider every three months to get a refill

### 4. What are the medication options for PrEP?

Currently, two medications (Truvada® and Descovy®) are approved for daily use as PrEP to help prevent a person without HIV from getting the virus from sex or injection drug use.

### 5. Will my health insurance cover PrEP?

HOFHC's PrEP program is available to uninsured, insured, Medicare, and Medicaid patients, and a sliding fee discount is available to all patients who qualify. Additionally, our 340B prescription program is available to help lower HIV medication costs. Assistance with medication cost may be available.

